

# Researching potential new treatments for obesity

## SEE IF OUR OBESITY CLINICAL TRIAL IS SUITABLE FOR YOU

“Overweight” and obesity are complex, chronic (continuing for a long time) health conditions that can be caused by several factors, such as genetics, environment, hormones, or other medical conditions.

The SYNCHRONIZE™-2 Trial is testing an investigational medication to see if it works to reduce body weight and improve blood sugar levels in people with type 2 diabetes mellitus (T2DM). It will also look at whether the investigational medication is safe and how the body handles taking it.

It is hoped the investigational medication may help to treat or manage overweight and obesity by:

- causing a feeling of fullness
- increasing energy use by the body
- slowing the movement of food through the digestive tract (gut).

We plan to enroll a wide variety of participants. This is because medications may affect people differently based on their age, sex, gender, and race/ethnicity.

You, or someone you know, may be able to take part if you/they:

- are 18 years of age or older
- have a body mass index of 27 kg/m<sup>2</sup> or more (overweight or obesity)
- have been diagnosed with T2DM for at least 6 months and are receiving treatment for it
- have made at least 1 attempt to lose weight through nutrition and physical activity, but did not meet your/their goal.

There are additional requirements to be able to take part.

### Want to know more?

To learn more about this trial, please contact us.



Subaat Khan M: 0481 277 676  
Cassandra Balinas M: 0481 272 722  
E: [clinicaltrialunit@griffith.edu.au](mailto:clinicaltrialunit@griffith.edu.au)



Scan to register your interest

### Trial information



At least **600** participants will take part



Trial duration will be about **19 months** (1 year and 7 months) and participants will have about **20 trial visits**



Trial site visits will occur **every 1–3** months



Some of the trial visits will occur through **video calls**



Participants will meet with a nutritionist who will help set up a **nutrition** and **physical activity plan**