## National Centre for Neuroimmunology and Emerging Diseases

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### **Our Mission**

The National Centre for Neuroimmunology and Emerging Diseases (NCNED) is a research team located at Griffith University on the Gold Coast. Led by Professor Sonya Marshall-Gradisnik, the team has a focus on Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS), long COVID and Gullf War Illness (GWI).

Our mission is to translate research findings into preventative medicine, social and clinical care and public health outcomes. By collaborating with local, national and international research institutes, we aim to create sustained improvements in health and health care for not only those affected by ME/CFS and long COVID, but also other immune disorders.

### LONG COVID CLINICAL TRIAL NEARING COMPLETION

In March 2024, NCNED commenced a clinical trial with participants diagnosed with long COVID. The aim of the trial was to determine if treatment with LDN improved fatigue, cognitive and health-related quality of life in adults with Post COVID Condition (PCC). This study involved completion of a series of online questionnaires, a trial period of 13 weeks duration and a randomized placebo-controlled trial with dose escalation. This clinical trial is due to conclude at the end of November. We would like to thank all those who participated in this trial for their time while we strive to provide better patient outcomes for those affected with ME/CFS and long COVID, amongst other illnesses.

Results of the clinical trial will be available once data has been collected, reviewed and submitted for publication in 2026.

## THANK YOU TO ALL OUR CLINICAL TRIAL PARTICIPANTS

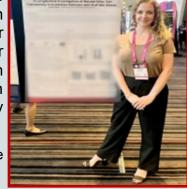






### **CONFERENCES**

Masters student, Jessica Dwyer (pictured right), travelled to Adelaide this month to present at the 2025 Australasian Military Medicine Association Conference (AMMA). Jessica presented a poster on Gulf War Illness. Over two days, she shared findings on immune function in veterans with Gulf War Illness, contributing to research aimed at improving understanding and health outcomes. The conference provided an excellent opportunity to engage with defence health professionals and researchers advancing the field of military medicine and veteran health.



Please note that as data has not yet been published, we are required to blur out the details of the poster.

# NCNED 2025 ME/CFS, LONG COVID & GULF WAR ILLNESS INTERNATIONAL CONFERENCE

### REGISTRATIONS CLOSING SHORTLY- 4 NOVEMBER

NCNED welcomes you to the 4th ME/CFS, long COVID and Gulf War International Conference RID (Research Innovation and Discovery) at Tweed Heads, NSW on 12-13 November 2025. This two day conference will showcase research and clinical findings both nationally and internationally presented by leading experts, clinicians, and researchers. The 2025 RID Conference aims to highlight research developments in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS), long COVID and Gulf War Illness, investigating the overlapping pathomechanisms evidenced in these conditions. In addition, possible treatments and epidemiological/demographic research would also be a key theme of the conference. Please refer to our Facebook page for details or telephone (07) 5678 9283 for further information. A special scheduled event: HDR and Early Career Researchers have an opportunity to showcase their work and network with top researchers, clinicians and people with lived experience of these conditions. Please register for the conference via the link below:

Registration link. The link for abstract submission is available here: <a href="https://l.facebook.com/abstract submission">https://l.facebook.com/abstract submission</a>



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