

SYSTEMATIC TAILORED ASSESSMENT FOR RESPONDING TO SUICIDALITY PROTOCOL (STARS-P) TRAINING

Our suicide prevention and mental health workforce needs to be well equipped in contemporary best-practice approaches to assessing suicidality, as psychosocial determinants and mental health concerns increase. Our flagship Systematic Tailored Assessment for Responding to Suicidality protocol (STARS-p) training which has been running for 6 years, develops and enhances competency in the administration of the STARS-p, a psychosocial needs-based assessment and safety response semi-structured interview. The STARS-p training competencies reflect international best practice in psychosocial needs-based assessment which informs collaborative and compassionate care aligned with duty of care and safety standards.

ABOUT STARS-P

STARS-p is licenced training, involving approximately 15 hours of online learning and a 1-day online skills-based webinar workshop, where skills are developed and assessed to demonstrate competency. The training consists of 6 modules: 1) lived experience and worker attitudes; 2) essential concepts on psychosocial needs-based assessment; 3) structure and application of STARS-p; 4) documentation and duty of care; 5) safety planning; and 6) self-care. Participants are provided with downloadable handouts, articles and an electronic copy of the STARS-p to support their learning. Following the demonstration of competencies in the workshop, a licence and digital badge are issued to use the STARS-p for 12 months, while a 1-day refresher virtual workshop is required for re-licencing.

OUR CAPABILITIES AND EXPERTISE



Decades of experience providing online training and education in health and social care at different educational levels.



Training can be delivered to organisational groups or individuals who may express interest to undertake training in this area.



Research-informed content which is evidence-based and informed by lived experience, as well as contextualised to local community and health care settings.



State-of-the-art learning management system, which enables seamless enrolment and access to online materials 24-hours a day.



Refining and testing leading psychosocial assessment and intervention-based competencies underpinning the STARS-p training.



Nation-leading content and delivery expertise including lived experience experts, with Griffith having the only psychosocial needs-based assessment training and Suicidology postgraduate programs in Australia.

FEEDBACK

- *"STARS suicide training provided invaluable insights and practical skills for myself and my colleagues in our mental health team. The training program's interactive skills practice with actionable feedback from the supportive trainers was particularly helpful. Highly recommended for any person or organisation looking to build or enhance their skills in suicide risk assessment with a comprehensive and compassionate response and make a real difference in saving lives." (Traci)*
- *"Great format, loved the online/workshop content mix. Useful readings, resources, lectures. Was nice to have somebody involved to provide their lived experience and feedback."*

FURTHER INFORMATION

<https://www.griffith.edu.au/griffith-health/australian-institute-suicide-research-prevention/systematic-tailored-assessment-for-responding-to-suicidality>

REGISTER YOUR INTEREST

<https://www.griffith.edu.au/engage/professional-learning/stars-training>