

# VOLUNTEER FOR IMPORTANT RESEARCH PROJECTS

June staff broadcast

## **STAFF VOLUNTEERS – JUNE 2021**

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# Research Financial Wellbeing Survey

Types of volunteers	Australian residents over the age of 18.
Description	This study aims to understand financial wellbeing of Australians, both within the personal financial planning industry but also on an individual level. The objective is to provide practical recommendations to Australians and financial advisers to increase financial wellbeing of Australians.
What is required and how long will it take?	There are 39 questions and the survey will take between 10-15 minutes to complete.
Incentive	The warm, fuzzy feeling of being able to contribute to important research!
Apply	To complete the survey, click <u>here</u> .
HREC approval	GUHREC 2021/159

### **Research** Factors Affecting COVID-19 Vaccine Uptake

Types of volunteers	We are looking for volunteers who are female, aged between 30 and 44 years of age, who reside in regional or rural Australia (i.e., not in any of Australia's capital cities), and have NOT received a COVID-19 vaccination.
Description	This research seeks to explore views about the COVID-19 vaccine in Australia. Specifically, it is examining factors affecting COVID-19 vaccine uptake among regional and rural women in Australia aged 30-44.
What is required and how long will it take?	Involvement in the research project includes participation in an online questionnaire, designed to take no more than 15 minutes to complete on your own.
Incentive	At the end of the questionnaire, you will be invited to enter a prize draw to win a \$50 voucher
Apply	To complete the survey, please click <u>here</u> .
HREC approval	GUHREC: 2021/331

# Research Mental Health Professionals and Digital Technologies

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Types of volunteers	Mental health professionals or students progressing towards registration as a mental health professional. Participants included in this study will consist of professionals and students from the following professions: Psychiatry; Psychology; Mental Health or Psychiatric Nursing, Social Work, Occupational Therapy or other mental health professions.
Description	Are you a mental health professional or studying to become one? The following research project seeks to better understand mental health professionals' perceptions and decisions regarding the use of digital technologies in mental health practice.
What is required and how long will it take?	You will be asked to complete an online survey that will take approximately 20 – 30 minutes to complete. As a participant in this research, you will be asked to complete a series of online questions pertaining to your qualifications, work, age etc. Additional questions will be included. These will ask you about your attitudes and behaviours towards, and intentions to use digital mental health interventions within your mental health practice.
Incentive	Knowing you have contributed useful information towards this research.
Apply	If you would like to talk to someone about your participation within the research, you can contact the research team at <u>digitalmentalhealth@griffith.edu.au</u> .
HREC approval	GUHREC 2 0 2 0 / 4 2 4

### Research Exploring COVID-19 Vaccine Hesitancy Among Young Adults in Australia: A Qualitative Study

Types of volunteers	Young adults aged 25 to 34 years who express hesitancy towards receiving a COVID-19 vaccine in Australia.
	Vaccine hesitancy means that you are not refusing nor accepting the vaccine, but rather sitting on the fence and being unsure of when to get vaccinated. Vaccine hesitancy is very different from vaccine reluctance (commonly known as anti-vaxxers).
	<ul> <li>We are looking for volunteers who:</li> <li>Do not identify themselves as complete refusers to COVID-19 vaccination</li> <li>Do not require a COVID-19 vaccination for work or study purposes</li> </ul>
	Have not been vaccinated from COVID-19
	<ul> <li>Have not been diagnosed with COVID-19 in the past.</li> </ul>
Description	Recent research in Australia has shown that over a six-month period, Australians are becoming more hesitant to receiving a COVID-19 vaccine. Young adults aged 25 to 34 years have been identified as being the most hesitant group in Australia. As Australia plans to vaccinate as much of the population as possible, the increased hesitancy to COVID-19 vaccination poses a concern for Australia's herd immunity goal. Thus, the aim of the study is to explore the ideas, knowledge, attitudes and beliefs of young adults who are hesitant to receiving the COVID-19 vaccine.
	To achieve this aim, we are seeking participants to take part in this study, which will involve a semi-structured interview documenting your thoughts, feelings, social processes, and practical approaches in relation to your decision to receive (or not receive) a COVID-19 vaccine. Your response will help the research team gain valuable insights into how young adults perceive and respond to the COVID-19 vaccine.
What is	Participation will involve completing a short demographic survey followed by a
required and how long will it take?	semi-structured face-to-face or phone interview, which will last between 45 to 60 minutes.
Incentive	Participants who meet the eligibility criteria and have completed the interview will be reimbursed with an electronic Coles Group & Myer Gift Voucher worth \$30.
Apply	To express your interest in volunteering, please complete <u>this form</u> . If you are selected, one of the research team will be in touch with you.
HREC approval	GUHREC 2021/401

# Research Community perceptions of indoor and outdoor counselling experiences

Types of volunteers	Any community member, who is aged 18 years or older
Description	Why is the research being conducted?
	Seeking the right support in times of need is not always easy, and there are many different types of counselling services. Practitioners are increasingly looking to understand community perceptions of counselling in order to provide services that are most beneficial. Therefore, this research explores how members of the community perceive two different therapeutic approaches, located either indoors or outdoors in a natural setting such as a park. This research is being conducted as a team project among two Honours students in the Griffith University School of Applied Psychology.
What is required and how long will it take?	This is an anonymous online survey which will take about 30 minutes to complete. The survey includes questions about help-seeking, walk and talking therapy, how you experience nature, and physical activity. You view two brief videos (approx. 2 mins each) depicting counselling located indoors, or outside in a park, and then respond to questions about your thoughts on these two videos with respect to different factors (e.g., was it beneficial?)
Incentive	Opportunity to enter a prize draw for one of two \$100 Coles Myer gift vouchers
Apply	To complete the survey, click <u>here</u> .
HREC approval	GUHREC 2021/343

#### **STILL OPEN FOR VOLUNTEERS**

#### Research **Understanding Caregivers' Beliefs About Oral & Dietary Habits For Their Young First Peoples Children** Types of Parents and caregivers of young First Peoples children aged 2-6 years volunteers Description We are seeking parents or caregivers of First Peoples children aged 2-6-years to participate in a study involving 2 online surveys about young children's oral health behaviours. Your responses will help the research team to understand the factors that may influence the things you do to promote oral and dietary health for your child. This may inform the development of culturally specific intervention programs aimed at supporting caregivers to promote these healthy behaviours for their child. What is required Participation involves completing 2 online surveys: an initial survey now (10-15 and how long mins), and a brief follow-up survey in 4 weeks (5 mins). will it take? Incentive All participants will be offered two \$25 Coles-Myer gift card, one for each survey. Apply To complete the online survey, click on this link. HREC approval GUHREC 2019/219

# Research Does virtual reality enhance pain modulation during isometric exercise for Achilles tendinopathy (AT)?

Types of volunteers	People over 18 years of age with symptoms of AT (pain at the back of the lower leg between the bottom of the calf muscle and heel bone). Symptoms must have persisted for a minimum of 8 weeks. Pain intensity must have reached at least 3/10 in the past week. Pain must be reproduced with single leg calf raises. Participants must be able to read and understand details of the study as well as complete questionnaires in English.
Description	The main aim of this study is to investigate the immediate effects of exercise on Achilles tendinopathy pain. Past research has shown that exercises such as calf raises have decreased Achilles tendinopathy pain over a long period of time (i.e. 12 weeks), however research is limited and conflicting regarding the immediate response that exercise has on Achilles tendinopathy pain. In this study we will be utilising exercise as a treatment in two different settings, and pain sensory tests to help us quantify each participants' pain levels. There will also be a few questionnaires for the successful participant to fill in on the day relating to their pain experience, activity levels, etc. There will also be the option for participants to participate in an additional component to this study which relates to pain science. It involves a cold hand immersion bath that is temperature regulated to 8 degrees Celsius. If participants choose (and are eligible) for this portion of the study, they will be asked to submerge their hand for up to 90s. During this time, further sensory tests will be performed, and data will be collected.
What is required and how long will it take?	A research investigator will contact you via the phone to determine eligibility (via a series of questions) into the study. Successful participants will be asked to attend 1x 2hr session on campus (GC). During the study the participant will undertake a series of exercise protocols accompanied by pre and post sensory tests to determine treatment effects.
Incentive	\$50 Coles/ Myer gift card & an information pamphlet discussing the latest evidence on managing Achilles tendinopathy
Apply	Please contact Amy Donnelly at <u>amy.donnelly2@griffithuni.edu.au</u> or phone 0422791944.
HREC approval	GUHREC 2020/938

### **Research** Integrity for Academic Integrity

Types of volunteers	All academic staff and sessional academic staff who taught in the 2020 academic year.
Description	This research will try to develop a timely understanding of academic integrity investigations across academic groups at Griffith, in terms of practice of reporting and managing academic integrity, and workload and concerns related to investigations.
What is required and how long will it take?	You will be invited to complete an online survey, which will take about 10-15 minutes. At the end of the survey, you will be invited to sign up for a follow-up interview/focus group. If you choose to sign up, the interview/focus group will be arranged at a mutually convenient time.
Incentive	This project will identify challenges surrounding academic integrity investigations, help develop a better understanding of academic staff concerns in these investigations and support policy development around academic staff career development and academic staff promotions.
Apply	Please contact Dr Yong Wu ( <u>yong.wu@griffith.edu.au</u> ) or Dr Heather Stewart ( <u>h.stewart@griffith.edu.au</u> ) for more information. To complete the survey, click <u>here</u> .
HREC approval	GUHREC 2020/051

#### Research The implementation of online learning in conventional higher education institutions during the spread of COVID-19: a comparative study (Griffith University and Ajman University (UAE)

Types of	Staff at Griffith University in the following Schools:
volunteers	AEL: School EPS, Humanities, Languages and Social science, Griffith Law
	School
	HEALTH: School dentistry & oral health, Medicine, Pharmacy and pharmacology
	SCIENCES: Engineering and Built environment, ICT
Description	Aim: To explore the reality of the experience of undertaking online learning in various higher education institutions during the spread of the virus COVID-19, thereby contributing to the ongoing evolution of learning and teaching online.
What is	10-15 minutes of your time to complete an anonymous online survey.
required and	
how long will it	
take?	
Incentive	Knowing your experiences contribute to the continual improvement of learning and teaching online
Apply	To complete the survey, click <u>here</u> .
HREC approval	GUHREC 2021/186