

I AM THE
MASTER
OF MY
MEMORY

Recharge Week

@WHATSONATGRIFFITH

BE KIND
TO YOURSELF,
YOU'RE A
LIMITED EDITION

LEARN TO FIND **JOY**,

RIGHT HERE IN THE

MESS OF THINGS

you can
HANDLE
handle
THIS
joy

Recharge Week

@WHATSONATGRIFFITH

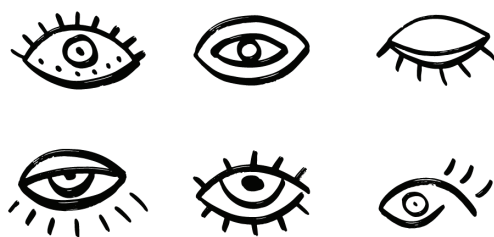
~~I WILL TAKE ACTION~~
TO GET THINGS ACCOMPLISHED

Recharge Week

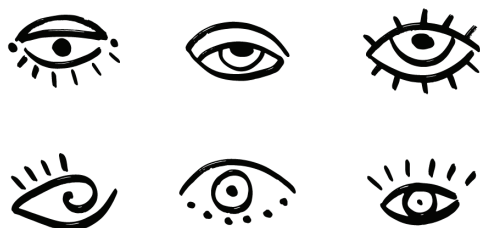
@WHATSONATGRIFFITH



NOTHING WORKS
UNLESS YOU **DO**



TRAIN YOUR MIND
TO SEE THE **POSITIVE**
IN EVERY SITUATION



focus
+ refresh

Recharge Week

@WHATSONATGRIFFITH

NOTE TO SELF:

WAKE UP,
KICK ASS,
REPEAT.

Recharge Week

@WHATSONATGRIFFITH

WHAT YOU **THINK**

you become

WHAT YOU **FEEL**

you attract

WHAT YOU **IMAGINE**

you create

LEARNING IS A **TREASURE**
THAT WILL FOLLOW
ITS OWNER EVERYWHERE

A LITTLE BIT OF

PROGRESS

EACH DAY, ADDS UP TO BIG

RESULTS

Recharge Week

@WHATSONATGRIFFITH