National Centre for Neuroimmunology and Emerging Diseases

Impact of Illness on Quality of Life

PROJECT OVERVIEW

Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS) is a poorly understood, debilitating and multisystemic disorder affecting approximately 200,000 Australians. People with ME/CFS have a lower quality of life (QoL) when compared with healthy individuals and other chronic illnesses. However, illness presentation and QoL are yet to be investigated over time. Further, there is a significant overlap between ME/CFS and Post Viral Fatigue Syndromes (PVS), like Long COVID. Therefore, this project aims to follow people with ME/CFS and Long COVID over time to observe changes in symptom presentation and QoL. Further, we aim to make comparisons with other multi-systemic illnesses, such as Fibromyalgia (FM), Multiple Sclerosis (MS), and Rheumatoid Arthritis (RA).

COHORT

We are recruiting the following participants:

- ME/CFS group: participants who have received a diagnosis of ME/CFS (where diagnosis was made using the CCC 2003 or ICC 2011 definitions).
- PVS group: participants reporting chronic symptoms following a known viral infection but have not received a diagnosis of ME/CFS nor other medical explanation for the symptoms.
- Long COVID or Post COVID-19 Condition: meeting the World Health Organization case definition.
- People with FM, MS, and RA.
- Control group: participants who report no health concerns.

INCLUSION CRITERIA

The inclusion criteria are as follows:

- Aged 18 to 65 years old.
- Non-smoker.
- Not pregnant or breastfeeding.

YOUR PARTICIPATION

This study involves:

- Completion of an online questionnaire (in English)

Participants will receive a $25 Coles e-voucher and enter the draw to win $75, $100 and $150 Coles e-voucher drawn half-yearly.
If you are interested in participating, please contact ncned@griffith.edu.au or call on (07) 5678 9283.

We would like to thank everyone for their support.

This recruitment flyer has been reviewed and approved by Griffith University Human Research Ethics Committee.

Griffith UNIVERSITY
Queensland, Australia

SCAN ME

facebook.com/NCNED | www.griffith.edu.au | ncned@griffith.edu.au