ACTIVE JUNIOR PROGRAM Wk 1 5-8 YEARS 24-28 June 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 9.15 am	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE
9.15 - 10.15 am	TENNIS	ATHLETICS	NETBALL	TEE BALL	SOCCER
10.15 - 10.45 am	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA
10.45 - 11.45 am	BADMINTON	JUMP FORCE	SUPERSTARS DANCE	VOLLEYBALL	BOXING
11.45 - 12.30 pm	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES
12.30 - 1.30 pm	SOCCER	AFL	TOUCH FOOTBALL	BASKETBALL	NETBALL
1.30 - 2.00 pm	Swimming Change	Swimming Change	Swimming Change	Swimming Change	Swimming Change
2.00 - 3.00 pm	SWIMMING LESSON & FREE SWIM/SPLASH POOL	SWIMMING LESSON & FREE SWIM/SPLASH POOL	SWIMMING LESSON & FREE SWIM/SPLASH POOL	SWIMMING LESSON & FREE SWIM/SPLASH POOL	SWIMMING LESSON & FREE SWIM/SPLASH POOL
3.00 - 3.30 pm	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
3.30 - 5.00 pm	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball

ACTIVE JUNIOR PROGRAM Wk 2 5-8 YEARS 1-5 July 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 9.15 am	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE
9.15 - 10.15 am	TOUCH FOOTBALL	PLAYGROUND GAMES	CRICKET	ATHLETICS	TENNIS
10.15 - 10.45 am	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA
10.45 - 11.45 am	SUPERSTARS DANCE	BOXING	PLAYGROUND GAMES	VOLLEYBALL	BADMINTON
11.45 - 12.30 pm	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES
12.30 - 1.30 pm	NETBALL	SOCCER	AFL	TOUCH FOOTBALL	BASKETBALL
1.30 - 2.00 pm	Swimming Change	Swimming Change	Swimming Change	Swimming Change	Swimming Change
2.00 - 3.00 pm	SWIMMING LESSON & FREE SWIM/SPLASH POOL	SWIMMING LESSON & FREE SWIM/SPLASH POOL	SWIMMING LESSON & FREE SWIM/SPLASH POOL	SWIMMING LESSON & FREE SWIM/SPLASH POOL	SWIMMING LESSON & FREE SWIM/SPLASH POOL
3.00 - 3.30 pm	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
3.30 - 5.00 pm	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 9.15 am	BEFORE CARE				
9.15 - 10.15 am	BADMINTON	JUMP FORCE	SUPERSTARS DANCE	VOLLEYBALL	BOXING
10.15 - 10.45 am	MORNING TEA				
10.45 - 11.45 am	TENNIS	ATHLETICS	NETBALL	TEE BALL	SOCCER
- 11.45 - 12.30 pm	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES
12.30 - 1.30 pm	SOCCER	AFL	TOUCH FOOTBALL	BASKETBALL	NETBALL
1.30 - 2.00 pm	Swimming Change				
2.00 - 3.00 pm	FLIPPA BALL & FREE SWIM	FLIPPA BALL & FREE SWIM	NOVELTY SWIMMING RACES & FREE SWIM	FLIPPA BALL & FREE SWIM	FLIPPA BALL & FREE SWIM
3.00 - 3.30 pm	AFTERNOON TEA				
3.30 - 5.00 pm	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball

ACTIVE SENIOR PROGRAM WK 2 9 - 12 YEARS 1 - 5 July 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 9.15 am	BEFORE CARE				
9.15 - 10.15 am	SUPERSTARS DANCE	BOXING	PLAYGROUND GAMES	VOLLEYBALL	BADMINTON
10.15 - 10.45 am	MORNING TEA				
10.45 - 11.45 am	TOUCH FOOTBALL	PLAYGROUND GAMES	CRICKET	ATHLETICS	TENNIS
- 11.45 - 12.30 pm	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES
12.30 - 1.30 pm	NETBALL	SOCCER	AFL	TOUCH FOOTBALL	BASKETBALL
1.30 - 2.00 pm	Swimming Change				
2.00 - 3.00 pm	FLIPPA BALL & FREE SWIM	FLIPPA BALL & FREE SWIM	NOVELTY SWIMMING RACES & FREE SWIM	FLIPPA BALL & FREE SWIM	NOVELTY SWIMMING RACES & FREE SWIM
3.00 - 3.30 pm	AFTERNOON TEA				
3.30 - 5.00 pm	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball