

The Hopkins Centre

Research for rehabilitation and resilience

The Hopkins Centre: Research for Rehabilitation and Resilience is focused on changing the lives of people devastated by trauma.

Trauma can come in many forms – including a severe injury, the diagnosis of a developmental disability, mental and physical illness, violence or discrimination – and its impact strikes not only individual victims, but also their loved ones and support networks. It is also very costly for society, particularly if services are not based on the best evidence.

A joint initiative between Menzies Health Institute Queensland, Griffith University, and the Division of Rehabilitation, Metro South Hospital and Health Service,

The Hopkins Centre is committed to solving complex challenges arising from disability and improving the rehabilitation process to bring about better outcomes.

By bringing together rehabilitation clinicians, expert academic researchers, community practitioners, policy-makers and consumers, The Hopkins Centre is leading the translation of research into policy and clinical practice in this field.

However, support is essential if the Centre is to continue expanding the potential and impact of its world-leading research.

With your help, we can move ever closer to restoring and repairing shattered lives, in Queensland and beyond.



Named for renowned rehabilitation medicine physician Dr Paul Hopkins AO, The Hopkins Centre is both informed and inspired by his example. Paul understood the way in which disability could change one's life following a serious stroke. He respected his clients and protected their dignity. He inspired people to dream big and work towards their goals despite their limitations.

Director, Professor Elizabeth Kendall from Griffith's Menzies Health Institute Queensland, says the Centre is developing effective disability and rehabilitation practices, services and systems that are both responsive to the needs of people and geared towards high-quality outcomes.

The research is based on a set of important values that place people with disability at the centre of the process:

- Facilitating choice
- Promoting positive changes
- Expanding opportunities
- Enhancing potential
- Engaging people and families

'Disability could happen to any one of us at any time. It does not discriminate. We need a compassionate system that responds to the needs of those devastated by trauma in a timely way—one that sets people on a positive pathway from the beginning.'

— Professor Elizabeth Kendall

"We want to make a permanent impact on the system by building the capability of the rehabilitation and disability workforce to deliver innovative services. We also want to promote environments that are naturally healthy and helpful as well as techniques and practices that translate into positive outcomes," says Professor Kendall.

"Most importantly, our research will always uphold the dignity of the people with disability through respectful language and methods, and recognition of how important it is to draw on the experience and knowledge of those who deal with disability every day. We aim to engage people with disability in the process of using science to solve challenges in society."

Your generosity helps The Hopkins Centre to research, validate and apply innovative practices that can improve experiences and outcomes for people whose lives have been changed permanently by disability.

For more information on supporting The Hopkins Centre, contact:

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