

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 9.15 am	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE
9.15 - 10.15 am	SOCCER	CAPTURE THE FLAG	MINIHULK	BADMINTON	TENNIS
10.15 - 10.45 am	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA
10.45 - 11.45 am	SUPERSTARS DANCE	BOXING	TEE BALL	JUMP FORCE	VOLLEYBALL
11.45 - 12.30 pm	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES
12.30 - 1.30 pm	ULTIMATE DISC	VOLLEYBALL	NETBALL	TOUCH FOOTBALL	AFL
1.30 - 2.15 pm	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK
2.15 - 3.15 pm	DODGEBALL	CRICKET	PLAYGROUND GAMES	DODGEBALL	SOCCER
3.15 - 3.45 pm	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
3.45 - 5.00 pm	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball

Before Care, Morning Tea, Lunch and Afternoon tea will be in the Recreation Hall

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 9.15 am	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE
9.15 - 10.15 am	TOUCH FOOTBALL	MINIHULK	AFL	BASKETBALL	TENNIS
10.15 - 10.45 am	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA
10.45 - 11.45 am	SUPERSTARS DANCE	SOCCER	BOXING	TOUCH FOOTBALL	PLAYGROUND GAMES
11.45 - 12.30 pm	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES
12.30 - 1.30 pm	NETBALL	TEE BALL	NETBALL	CRICKET	ULTIMATE DISC
1.30 - 2.15 pm	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK
2.15 - 3.15 pm	BADMINTON	DODGEBALL	VOLLEYBALL	CAPTURE THE FLAG	DODGEBALL
3.15 - 3.45 pm	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
3.45 - 5.00 pm	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball

Before Care, Morning Tea, Lunch and Afternoon tea will be in the Recreation Hall

ACTIVE Kids

SENIOR PROGRAM Wk 1 9 - 12 YEARS

21 September - 2 October 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 9.15 am	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE
9.15 - 10.15 am	SUPERSTARS DANCE	BOXING	TEE BALL	JUMP FORCE	VOLLEYBALL
10.15 - 10.45 am	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA
10.45 - 11.45 am	SOCCER	CAPTURE THE FLAG	MINIHULK	BADMINTON	TENNIS
11.45 - 12.30 pm	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES
12.30 - 1.30 pm	DODGEBALL	CRICKET	PLAYGROUND GAMES	DODGEBALL	AFL
1.30 - 2.15 pm	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK
2.15 - 3.15 pm	ULTIMATE DISC	VOLLEYBALL	NETBALL	TOUCH FOOTBALL	BASKETBALL
3.15 - 3.45 pm	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
3.45 - 5.00 pm	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball

Before Care, Morning Tea, Lunch and Afternoon tea will be in the Recreation Hall



SUPERSTARS DANCE
 @SUPERSTARS.BRISBANE



DUNDEE'S
 Boxing & Fitness

BOXING

@DUNDEESBOXINGFITNESS



JUMP FORCE

@JUMPFORCEINT



MINIHULK

@THEEMPIREBODYSHOP

ACTIVE Kids

SENIOR PROGRAM Wk 2 9 - 12 YEARS

21 September - 2 October 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.00 - 9.15 am	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE
9.15 - 10.15 am	SUPERSTARS DANCE	SOCCER	BOXING	TOUCH FOOTBALL	BASKETBALL
10.15 - 10.45 am	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA	MORNING TEA
10.45 - 11.45 am	TOUCH FOOTBALL	MINIHULK	AFL	BASKETBALL	TENNIS
11.45 - 12.30 pm	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES	LUNCH & REST ACTIVITIES
12.30 - 1.30 pm	BADMINTON	DODGEBALL	VOLLEYBALL	CAPTURE THE FLAG	DODGEBALL
1.30 - 2.15 pm	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK	DRINK & REST BREAK
2.15 - 3.15 pm	NETBALL	TEE BALL	NETBALL	CRICKET	ULTIMATE DISC
3.15 - 3.45 pm	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
3.45 - 5.00 pm	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball	AFTER CARE Quiet activities, Handball & Indoor Basketball

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