How employees cope with their job demands and stay safe and healthy?

There were over 2,000,000 fatalities attributed to work-related diseases and injuries.

Globally, approximately 340 million occupational accidents and 160 million cases of work-related illnesses occur each year.

Occupational injuries, disorders and incidents also have detrimental effects on employees' behaviours, performance outcomes, and the long-term success of organisations.

The primary cause of these accidents happening is the various job demands, which include the physical, mental, social, and organizational facets of the job.

Therefore, it is crucial to comprehend these job demands and utilize practical tools and methods to ensure employees' health and safety in the workplace.

Job resources can effectively address job demands, thereby enhancing workplace safety.

The key job resources include safety knowledge and establishing a supportive work environment, which can be achieved through effective safety leadership.

In this study, a unique conceptual model will be used to examine job demands and explore how safety leadership and employees' perception of safety may influence Occupational Health and Safety outcomes.
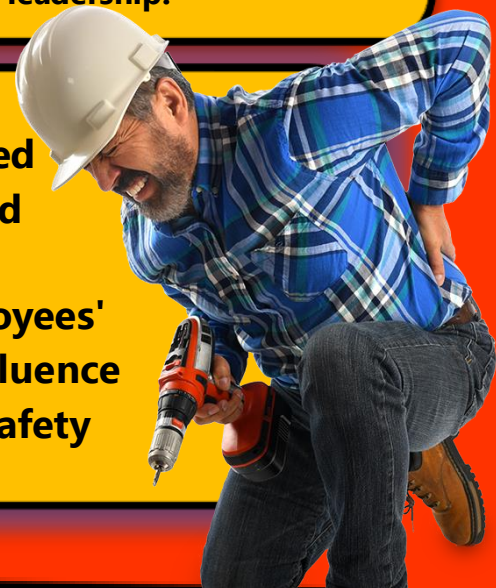
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