



Food in Construction Queensland Project

Example:

Have you completed an audit before?		No	A few	Some	Many
	RATE		X		



TO WHAT EXTENT DO THE FOLLOWING STATEMENTS REPRESENT YOUR SITE:

Are low sugar drink alternatives available in vending machine (eg water, flavoured water)		No		Some		Many		At eye level rows	
	RATE								n/a
Is information about sugary drinks and the health effects displayed onsite		No			Yes			Around site & on vending machine	
	RATE								
Are healthier foods available in vending machines? E.g. lower sugar, smaller sizes, yoghurt & plain milk		No		Some		Many		Yes at eye level rows	
	RATE								n/a

Nutrition Information		
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TO WHAT EXTENT DO THE FOLLOWING STATEMENTS REPRESENT YOUR SITE:

Where is nutrition information displayed (eg. nutrition related diseases or obesity)		None on display	In lunch rooms	In lunch rooms and key thoroughfares
	RATE			
Is information up about emergency contacts and local health services?		No	Emergency care only (induction area)	Yes - including a dietitian & doctor
	RATE			

Site Lunch Rooms

TO WHAT EXTENT DO THE FOLLOWING STATEMENTS REPRESENT YOUR SITE:

Are food preparation areas (e.g. microwaves, fridges, etc.) readily accessible to all workers in the allotted lunch breaks?		No	Some of the time		At most breaks		At every break			
	RATE									
Lunch room provide sufficient fridges and tables to allow separate food storage and seating for different trades or teams (e.g. permanent condiment storage)		No	Only seating or storage						Yes seating & storage	
	RATE									
As site numbers increase, there are procedures in place to increase staggering of breaks or move lunch rooms more centrally		No Plans	Some plans		Mostly Planned			Yes procedures in place/completed if needed		
	RATE									

Barbeques and Catering

TO WHAT EXTENT DO THE FOLLOWING STATEMENTS REPRESENT YOUR SITE:

[illegible]

Nutrition Initiatives

TO WHAT EXTENT DO THE FOLLOWING STATEMENTS REPRESENT YOUR SITE:

Food Hygiene: Heavy duty soap and paper towel is available right outside the lunch room for washing hands.		No No but close by Yes									
	RATE										
Does the lunch room have door that allows closing out of dust and noise in use		No Yes but not in use/ineffective Yes available & used									
	RATE										
Cleanliness: (e.g. surfaces not dusty <i>OR</i> cleaned regularly in an attempt to reduce dust; Microwaves and fridges are clean on the inside)		No Some Most All									
	RATE										
Do site fridges have a thermometer to monitor the temperature?		No Some Most All do									
	RATE										

	# Thermometers:_____ # Fridges:_____
Are fridges cleaned of old food and scraps on a weekly basis?	<div>No</div> <div>Sometimes</div> <div>Most of the time</div> <div>Always</div>
RATE	
	Who Is Responsible?:_____

Fridge Tips:

- Fridge temperatures need to read 4 degrees or less when full
- Too many lunch boxes means air cannot circulate around and cool it properly. Encourage workers to use all fridges.

Are There Any Other Food Initiatives On Site?






























please describe (e.g. policies, negotiated agreements with food vans or vending machine suppliers)

Tally of Local Food Outlets in the Immediate Vicinity






























Type of Food Shop	Name or Description	Tally
Coffee shops and cafes	<i>e.g. coffee club</i>	
Sandwich type options (without chips)		
Asian Food Outlets (Thai, Japanese, Chinese, Indian)	<i>e.g. sushi train</i>	
Outlets that serve hot chips or pizza; fast food outlets		
Grocery/Convenience Stores		
Garage/Service Stations		
Pubs/Bars		
Fruit and Vegetable Stores, Other Specialty Stores		
Temporary Stores e.g. food vans		

Physical Activity

TO WHAT EXTENT DO THE FOLLOWING STATEMENTS REPRESENT YOUR SITE:

There are designated areas to lock or shut bicycles away		No	There is an area which can be used		There is a signed area		There is a signed area where bikes can be locked				
	RATE										
There are showers and change rooms that can be used onsite		No	There is a change room cubicle				There is/are a shower(s) and changing cubicle/s				
	RATE										
There are [industry partner] signs up with stretching and warm up exercises		None on display	In lunch rooms				Where toolboxes are and in key thoroughfares				
	RATE										

Are there local physical facilities: gyms, pools, parks, or other recreational facilities available (e.g. half court, football field)? **Please List:**

Has the use of local facilities been negotiated at a discounted rate?		No	Still waiting for rates				Yes negotiated discount OR unsuccessful				
	RATE										
Is there information about where the local facilities are and of any discounts?		None on display	In lunch rooms				In lunch rooms and in key thoroughfares				
	RATE										
Are there any informal sporting competitions that have been established that staff can participate in? e.g. weekly game in park, fun run entry		No	Some teams have one		Yes		Yes and happens regularly				
	RATE										

Alcohol

TO WHAT EXTENT DO THE FOLLOWING STATEMENTS REPRESENT YOUR SITE:

Are there any signs about risky drinking of alcohol and preventing harm displayed?	None on display	In lunch rooms	In lunch rooms and in key thoroughfares	
RATE	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>			No. of signs : ____

Smoking

TO WHAT EXTENT DO THE FOLLOWING STATEMENTS REPRESENT YOUR SITE:

Is there a no smoking policy on this site?	No	Yes. Can smoke in outside areas only	Yes, smoke further than 2m from site	
RATE	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>			
Are there designated smoke free areas that staff can avoid passive smoking on breaks?	No	Yes. Can avoid outside areas	Yes, whole site is smoke free	
RATE	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>			
Are there any no smoking signs displayed in no smoking areas?	None on display	In lunch rooms	In lunch rooms and in key thoroughfares	
RATE	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>			No. of signs : ____
Is information about QUIT line displayed onsite?	None on display	In lunch rooms	In lunchboxes and in key thoroughfares	
RATE	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div>			No. of signs : ____

CONTACT US

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