## Smart-service innovation: how we can be great hosts and conserve resources at the same time

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## Why accommodation?

Total guest nights, monthly 2015-19


## The 'average visitor' in a hotel ...



Consumes
242 MJ energy per night


Emits 27 kg CO2-e per night


Uses 660 litres of water per night

## Most research and practice focuses on technology and management

## Saving energy and water in tourist accommodation: A systematic literature review (1987-2015)

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## There is a huge gap in engaging the guest



Except for the use of towels...

## Singular approaches for WATER SAVINGS used in field experiments

USING TECH + FEEDBACK - smart showers (with/without display panel) $\mathbf{1 5 \%}$ reduction in shower time (51 seconds, or approx. 20l of water saved) (Pereira-Doel, et al., 2019).

NON-TECH BEHAVIOURAL TECHNIQUES (all focussed on linen/towel reuse)

1. Default settings ${ }^{1}$ : opt out (please don't change sheets) was nearly three times more effective than opt in (please change sheets) ( $32 \%$ vs $89 \%$ of requests).
2. Personal communication ${ }^{2}$ twice as effective as in-room sign only
3. Guest commitments ${ }^{3}$, particularly visible commitment, e.g. pin, led to $\mathbf{2 5 \%}$ increase in towel reuse.
4. Injunctive appeals ${ }^{4}$ ("do it") - $\mathbf{2 3} \%$ more effective than economic incentives ( $84 \%$ compliance vs $61 \%$ compliance)
5. Use of social norms ${ }^{5}$ is $\mathbf{9 \%}$ more effective than environmental appeals ( $44 \%$ vs $35 \%$ towel reuse)

${ }^{1}$ Knezevic et al., 2021); ${ }^{2}$ Leon \& Araña, 2020; ${ }^{3}$ Baca-Motes et al., 2013; ${ }^{4}$ Morgan \& Chompreeda, 2015; ${ }^{5}$ Goldstein et al., 2007

## Reporting on an integrated approach

- Uses smart meter technology
- Considers local context and infrastructure
- Identifies opportunities for saving for guests
- Persuasive communication targeted at the guest including:
- eco-feedback on their consumption
- specific tips that allow guests to understand the impact of their actions



## How does it work?

- Guests receive information before arrival and at check in Resource use if monitored and shared back in the morning
- Guests have options to make choices
- Resource savings are donated to a local charity.



## Information

- About the local climate and other factors (e.g. drought)
- What the business itself is doing!
- Some suggestions for how to conserve
- What services are available, e.g. bikes, extra blankets
- May sign a pledge


## Eco-feedback

- Daily feedback on resource use
- Alongside data on ‘average’
- And weather + activity suggestions



## Guest options

- Example thermal comfort


Warren, C., Becken, S., Nguyen, K. \& Stewart, R. (2018). Impact of a sustainability smart service on daily resource use in self-contained B\&B style tourist accommodation. Journal of Cleaner
 Production, 201, 599-608.

## Donating savings

- Example Crystal Creek Meadows, Australia (the case study used to test the approach), raised and donated AUS\$63,329
- New Zealand biodiversity protection and restoration
- Important incentive for guests to contribute or 'give back'



## Social-technological innovation

- Technology alone won't solve it
- If we don't include human behaviour we risk green washing
- It misses a huge opportunity to 'reconnect people'



## Experience-led resource conservation

- In our previous research, guests responded that the eco-feedback "strongly added" (24.5\%), "tended to add" (49.1\%) or was "neutral" (26.4\%) to their experience.
- ...learning new things, getting closer to nature, 'doing things' with the kids, leaving a positive impact, or simply being competitive...



## Questions



