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# LIFE PROMOTION CLINIC

## PROFESSIONAL REFERRAL FORM

Referral Date: \_\_\_\_\_ Referring Hospital / Clinic: \_\_\_\_\_

**PATIENT DETAILS:**

Given Name: \_\_\_\_\_ Surname: \_\_\_\_\_

D.O.B: \_\_\_\_\_ Medicare No: \_\_\_\_\_ Expiry: \_\_\_\_\_ Ref: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_ Email address: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Occupation: \_\_\_\_\_ Relationship Status: \_\_\_\_\_

Does the patient identify as Aboriginal or Torres Strait Islander: Yes / No

Please note the following acceptance criteria for the Life Promotion Clinic.

All patients will be contacted for an intake assessment prior to acceptance into the clinic.

**Inclusion Criteria:**

- Suicidal ideation
- Past suicide attempts
- Deliberate self-harming (recent)
- Recovery aims/goals

**Exclusion Criteria:**

- Under 18 years
- Acute risk to suicide
- Active psychosis
- Drug/alcohol impairment impacting ability to engage in therapy.

**LPC does not provide case management, eating disorder management or drug and alcohol supports.**

**LPC does not offer Dialectical Behavioural Therapy or Ketamine trials.**

**If you are a GP referring to a Psychologist in LPC, please consider completing a Mental Health Care Plan along with this referral.**

History of self-harm: Yes / No If yes, method(s) used: \_\_\_\_\_

Previous suicide attempt(s)? Yes / No If Yes, how many? (Number) \_\_\_\_\_

When was the most recent suicide attempt? (Provide date, if possible) \_\_\_\_\_

Method(s) used: \_\_\_\_\_

Current suicidal ideation: Yes / No                      Plan      Intent      (Please circle)

Who are the stakeholders involved with treatment (include contact details): \_\_\_\_\_

\_\_\_\_\_

**Please attach any current safety plan details in addition to this form.**

Psychiatric Diagnosis: \_\_\_\_\_

\_\_\_\_\_

Previous history of psychological treatment: \_\_\_\_\_

\_\_\_\_\_

Current Medications: \_\_\_\_\_

\_\_\_\_\_

Medical History: \_\_\_\_\_

\_\_\_\_\_

Patient aims/goals: \_\_\_\_\_

\_\_\_\_\_

Specific risks or factors that may impact Care? \_\_\_\_\_

Is the patient aware of the referral: Yes / No

Referrer Name: \_\_\_\_\_

Provider No: \_\_\_\_\_ Signature: \_\_\_\_\_

Contact number \_\_\_\_\_ Email: \_\_\_\_\_

If not the treating GP:

GP name: \_\_\_\_\_

GP clinic: \_\_\_\_\_

Contact number: \_\_\_\_\_

**I have read and acknowledge the acceptance criteria for the Life Promotion Clinic.**