

## What is influenza (flu)?

**i** *Influenza is an infectious illness. Influenza is spread by small droplets from the nose, throat, or mouth of an infected person. Symptoms of influenza begin 48 hours after coming into contact with the virus. These consist of chills, fever, generalised aches and pains, headache, and respiratory symptoms (such as a sore throat, runny nose, or cough). The severity and type of symptoms can vary. Most people recover completely within a week. The risk of serious complications is greater in very young, very old and chronically ill persons. Seasonal influenza activity is expected to continue in 2023 following a resurgence of influenza in 2022.*

*If a person had a 2022 influenza vaccine in late 2022 or early 2023, they are still recommended to receive a 2023 vaccine when available.*

## How does FluQuadri® work?

- i** • *FluQuadri® is used to prevent certain types of influenza.*
- *The vaccine works by causing the body to produce its own protection (antibodies) against three different types of influenza virus.*
- *Each year new types of influenza virus can appear, so every year FluQuadri® is changed to contain fragments of the new types of virus. Therefore, influenza vaccination is recommended every year.*
- *Please note that FluQuadri® will only protect you against the four types of influenza virus used to make the vaccine. It will not protect you from influenza caused by other types of influenza virus or from infections with other agents causing flu-like symptoms (such as the common cold).*
- *The vaccine will not give you the flu as it does not contain a live virus. However, the vaccine takes about two weeks to provide immunity, so you are still able to be infected and should take care during this time.*

## Strains\* Influenzavirusstrainsincludedinthe2023SouthernHemisphereseasonalinfluenzavaccines

**i** *As recommended by the World Health Organisation and approved by the Australian Influenza Vaccine Committee*

<b>Egg-based quadrivalent influenza vaccines</b>	<b>Cell-or recombinant-based quadrivalent influenza vaccines</b>
A/Sydney/5/2021(H1N1)pdm09-likevirus	A/Sydney/5/2021(H1N1)pdm09-likevirus
A/Darwin/9/2021(H3N2)-likevirus	A/Darwin/6/2021(H3N2)-likevirus
B/Austria/1359417/2021(B/Victorialineage)-likevirus	B/Austria/1359417/2021(B/Victorialineage)-likevirus
B/Phuket/3073/2013(B/Yamagatalineage)-likevirus	B/Phuket/3073/2013(B/Yamagatalineage)-likevirus

## Who should be vaccinated?

**i** *Those at risk of complications from the flu have most to gain from vaccination. However, anybody can get the flu, even healthy people. Although you may not be at risk of complications you may help spread the flu to those who are. The best way to protect yourself and those around you is to get vaccinated.*

### **i** **Vaccination & Pregnancy: -**

*Pregnant women who had last year's influenza vaccine early in their pregnancy, are recommended to have the current influenza vaccine if it is available before their baby is born.*

*If you received the vaccine before becoming pregnant, you should be revaccinated during pregnancy to protect your unborn infant.*

**i** *The influenza vaccine can be safely given at the same time as the pertussis vaccine (between 20 and 32 weeks) and/ or COVID-19 vaccine during pregnancy.*

## What are the side effects?

**i** *As with any medicine, side effects can occur. Most are mild and do not last long. Common vaccination side effects include redness, swelling and tenderness at the injection site. Occasionally mild fever and a general feeling of being unwell may develop, sometimes with muscle and joint pain, nausea, and dizziness. These are mild reactions and usually disappear within one or two days. Rare side effects such as neurological disorders and inflammatory disorders have been reported very rarely following the use of influenza vaccines, although a direct relationship has not been established. Please visit your doctor if you have any problems following vaccination.*

### **i** **Things to be careful of after receiving the vaccination: -**

*FluQuadri® should not normally interfere with your ability to drive a car or operate machinery. But in some people vaccination can cause dizziness or light-headedness. Make sure you know how you react to FluQuadri® before you drive a car, operate machinery, or do anything that could be dangerous if you are dizzy or lightheaded.*

## How is the vaccine administered?

**i** *You must provide written consent for vaccination within this document. The immunisation nurse will then administer the vaccine by injection in the upper arm muscle (usually the non-dominant arm).*

<b>Student Number:</b> S _____		<b>Student Name:</b> _____		
<b>Date of Birth :</b> ___dd/___mm/___yy		<b>Medicare Number</b> _____ <b>Ref#</b> ___		
<b>Are you :- Domestic Student</b> <input type="checkbox"/> <b>or International Student</b> <input type="checkbox"/> <b>International Student IHI Number:</b> _____				
<b>Please answer the following questions.</b> <b>The information you provide is private and confidential and will not be used for any other purpose.</b>			<b>YES</b>	<b>NO</b>
Have you had a COVID-19 vaccination?				
Do you feel unwell today?				
Have you had any vaccine in the past month?				
Have you received a seasonal influenza vaccine in the past?				
Have you ever had an allergic reaction to any vaccine?				
Have you had an injection of immunoglobulin or received any blood products or a whole blood transfusion within the past year?				
Are you allergic to chicken proteins such as eggs or feathers?				
Are you allergic to gentamicin?				
Do you currently have a cold, flu or severe infection with a high temperature?				
Do you have any allergies to any other medicines, foods, dyes or preservatives?				
Are you pregnant, breast feeding or trying to become pregnant?				
Have you ever had an illness affecting the nervous system, in particular Guillian-Barre Syndrome (GBS)?				
Are you currently taking any of the following medications: warfarin, dilantin, theophylline, cortisone or prednisone?				
Are you currently taking any other medicines, or have you received another vaccine?				
Do you suffer from any medical conditions, such as an immune deficiency or a bleeding disorder?				
Are you aged 65 years and over? (You should receive the Fluad Quad vaccine for people aged 65+)				

*If you have answered 'yes' to any of these questions, it may still be appropriate for you to be vaccinated. Please discuss any concerns with the immunisation nurse or your own GP.*

**It is important that you remain in the vicinity of the place of vaccination for at least 15 minutes after your vaccination.**

**I, Name (print)** \_\_\_\_\_ **Student of: GRIFFITH UNIVERSITY consent** to have the influenza vaccination and declare that I have:

- Read and understood the influenza vaccine factsheet provided to me (including possible side effects of the vaccination)
- Had the opportunity to discuss medical concerns with my vaccination provider
- Responded to the questions above to the best of my ability and the answers to them are true and accurate

**I consent to participate in the vaccination program against Influenza (FluQuadri single dose vaccination)**

**Sign:** \_\_\_\_\_ **Date:** \_\_\_\_\_

<b>Immunisation Nurse Use Only:</b>		AIR checked <input type="checkbox"/>	Paid <input type="checkbox"/>	Transmit to AIR <input type="checkbox"/>
Date of Vaccination .....	Time of Vaccination .....	Site L / R Deltoid (please circle)		
Batch Number .....	Expiry Date.....			
Name of vaccinator.....	Signature of Vaccinator .....			