

**10KM COURSE MAP**

**LEGEND**

-  Bitumen track
-  Trails
-  Rough/Uneven trails
-  Start/Finish
-  Water stations
-  Toilets

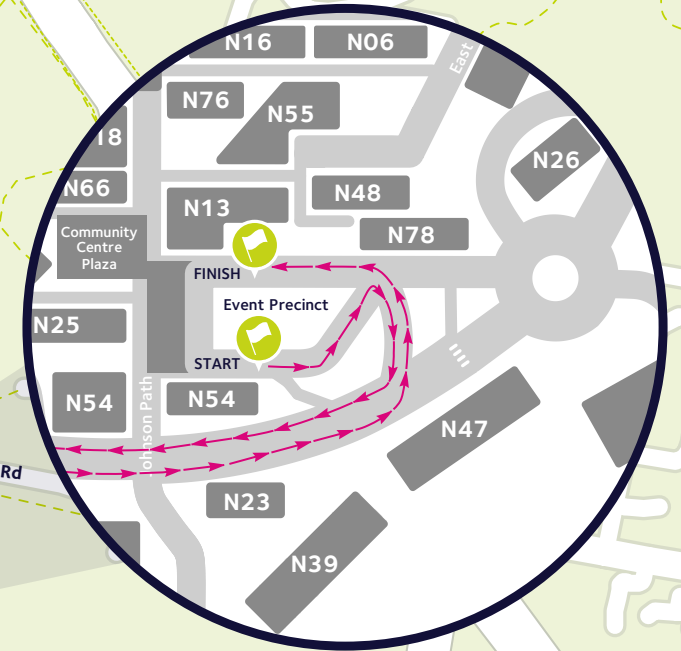
**WATER STATIONS:**

Accessible at (approx):

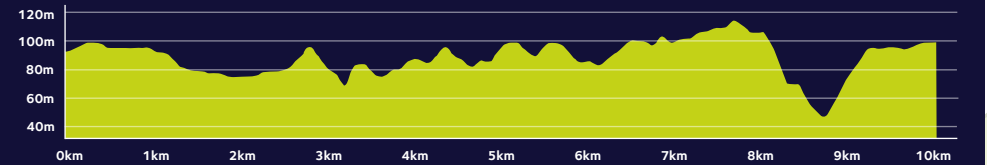
**0.9 km, 4.3 km, 8.5 km, 9.2 km**

**TOOHEY FOREST**

**GRIFFITH UNIVERSITY NATHAN CAMPUS**



**ELEVATION MAP**



Toohy Rd

Canfield St

Dellwood St

Willcox Park

Orange Grove Rd

Melina St

Malvern St

Courtland St

Courtland St

Kessels Road

Lowndes St

Meldrum St

Launceston St

Salford St

Althea St

Noval St

Pacific Motorway

Messines Ridge Rd

University Rd

Ring Rd

Ring Rd

Ring Rd

6

4

5

7

3

8

1

2

9

10