

Impact Project Launch - Mental Health and Wellbeing

Date Tuesday 21 July 2020

Time 10.00 am – 12.30 pm

Venue Zoom link: https://zoom.us/j/93093182114

Meeting ID 930 9318 2114

Contact Faith Valencia-Forrester

Director, Service Learning

faith.valencia-forrester@griffith.edu.au

0406 915 975

Time Session

10.00 am Open & welcome | Faith Valencia-Forrester

Welcome to Country | Uncle John

VC Welcome | Recording

10.10 am Keynote presentation (20 min) | Black Dog Institute

10.30 am Panelist 1 (10 min) | Heather Corkhill - Senior Policy Officer HRC

Panelist 2 (10 min) | Gillian Marshall-Pierce - Logan East

Community Centre

Panelist 3 (10 min) | Mental Health First Aid

Panelist 4 (10 min) | Belinda Tessieri – Youth Projects and Events

Coordinator Headspace

Panelist 5 (10 min) | Student Guild

Panelist 6 (10 min) | Wayne Wigham – Blackdog Institute

11.30 am Break & stretch (5 min)

11.35 am Q&A (20 min) | Questions from the MC

11.55 am Advocate (15 min) | Sara - Wellness Warrior w/ Student Guild

12.10 pm Q&A (15 min) | Questions from the audience

12.30 pm Session end