

How to challenge violence-supporting behaviours

Ethical bystanders choose what best fits their safety, capacity, and context to help, knowing that any action is better than silence. Here's four practical ways you could intervene:

Direct

Address the behaviour openly (eg. "That comment isn't okay." or "You can't treat them like that").



Indirect

Seek help or check in with others (eg. Call security, let a staff member know).



Distraction

Interrupt the situation to break momentum or tension (eg. When you hear/see something that's not right, interrupt and ask for directions to the library, gym, or your lecture theatre).



Protocol

Rely on rules, policies or shared values (eg. Staff Code of Conduct, Student Charter, university policies and procedures).

