# Meryl Streep

Physiotherapist

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## EDUCATION & QUALIFICATIONS

### Bachelor of Physiotherapy, Griffith University

GPA 6.3 (on a scale of 7, 7 being the highest)

20XX - 20XX

## PROFESSIONAL STRENGTHS

- Good understanding of clinical theory/practice and client-centred care, acquired though practical placements and professional experience working in a range of settings .
- Well-developed verbal and written communication skills in a clinical setting, including writing reports and building rapport with patients and team members.
- Solid organisational and self-management skills, with proven ability to manage a diverse caseload, such as a patient case load of 30 patients per day in an aged care facility.
- Ability to work within a multidisciplinary team including doctors, occupational therapists and nursing staff; in both a hospital and residential setting.
- Committed to the provision of high quality, evidence-based care, and strongly values professional development and clinical supervision.

### PHYSIOTHERAPY PLACEMENTS

#### **Cardiorespiratory - The Wesley Hospital**

Grade: 86% High Distinction

- Independently managed a caseload of patients with a range of acute and/or chronic respiratory conditions such as COPD, ssthma, bronchiectasis, pneumonia, cystic fibrosis
- <u>Achievements</u>: Successfully able to provide treatment to a patient with quadriplegia, and a patient with a tracheostomy, under the guidance of my clinical educator, and provide education to fellow students and team members on such management principles that I had researched

**Clinical Educator Comments:** "Student has easily identified necessary improvements and actively sought out opportunities to improve these. This demonstrates maturity and high-level reflection skills. I have no doubt that Student will excel in any New Graduate position that she chooses, and I would highly recommend her for the hospital setting."

#### **Neurorehabilitation - Warwick Hospital**

#### Grade: 85% High Distinction

• Effectively completed assessment and treatment within a rehabilitation setting, focusing on patientcentred goals and functional outcomes for a variety of neurological conditions, in particular stroke and spinal injuries

xx/xx/20xx - xx/xx/20xx

#### xx/xx/20xx - xx/xx/20xx

• <u>Achievements</u>: Collaboration with a multidisciplinary team for combined treatment sessions of a complex patient who was post total knee replacement, with pre-existing lower limb hemiparesis, to meet the needs of safe transfers for hygiene cares

**Clinical Educator Comments:** *"Student's communication with the team and patient is her strongest attribute. She was able to manage a caseload well and prioritise patients."* 

#### Department of Education and Training –School Name

xx/xx/20xx - xx/xx/20xx

#### Grade: 99% High Distinction

- Proficiently provided services and liaised with family, staff and team to improve the function of children with complex needs and disabilities, under the guidance of the Education Inclusion policy, with experience with cerebral palsy, autism, brain injuries, development delay, Down syndrome, hearing and vision Impairments
- <u>Achievements</u>: Utilised evidence-based interventions to plan and complete standardised assessments, set and prioritise goals, write reports and programs for staff and family, monitor outcomes and adjust interventions as necessary to support a young girl with cerebral palsy in the Early Child Development Centre

**Clinical Educator Comments:** "Student demonstrates a high level of professional behaviour- she is prompt, reliable, proactive and trusted to work on her own to a high level. She demonstrates a strong commitment to learning, is a self-directed learner and is an organised worker. Student is strong in her communications skills."

#### **Musculoskeletal Outpatients – Hospital Name**

xx/xx/20xx - xx/xx/20xx

#### Grade: 88% High Distinction

- Thorough assessment, interpretation and management of a variety of acute and chronic musculoskeletal conditions, based upon evidence-based practice, with a focus on post-operative rehabilitation
- <u>Achievements</u>: Reflected upon my Bachelor of Exercise Science background for the successful implementation of exercise programs whilst independently managing group classes and home programs for ACL rehabilitation

**Clinical Educator Comments:** *"Student is enthusiastic and energetic which allows her to build excellent patient rapport. She has developed a good level of analysis, problem list formation and treatment selection"* 

#### **Orthopaedics – Hospital Name**

#### xx/xx/20xx - xx/xx/20xx

#### Grade: 94% High Distinction

- Extensive practice with orthopaedic treatment and clinical judgement for safe mobility and provision of mobility aids, to assist nursing staff, for patients post total hip, knee and shoulder replacements
- <u>Achievements</u>: Successfully provided continuum of care from pre-op sessions through to discharge planning to community services whilst also pursuing further learning experiences such as attending theatre and assisting senior physiotherapists in hydrotherapy, advanced treatment sessions and ICU mobilisations post total knee replacement

**Clinical Educator Comments:** *"Student has excellent communication skills and develops good rapport with patients and other staff members. She is confident in the hospital setting but also not afraid to ask questions. We really appreciated her positive attitude and enthusiasm. Very professional. Works well in the team environment."* 

# EMPLOYMENT HISTORY & VOLUNTEERING

### **Fuel Company**

### Senior Crew Member

- Working within a team to deliver efficient customer service in a fast-paced environment, achieving key performance indicators.
- Effectively applying leadership and organisational skills to provide efficient service delivery.

### **Disability Care Service**

### Disability Care Worker

- Applying adaptive communication skills (verbal and non-verbal) to those living with a disability and children.
- Applying conflict resolution skills to mediate and negotiate and enhance occupational engagement and stronger relationships.

### **Faith Outreach Centre**

### Volunteer Room Leader

- Teaching, instructing, and communicating with children of various ages and learning abilities.
- Creatively engaging and leading a lesson according to plan and curriculum, being flexible in structured and non-structured activities.
- Working in a team to effectively deliver and engage children of various ages.

# **CERTIFICATIONS & TRAINING**

- Australian Physiotherapy Association
- Yellow Card
- First Aid and CPR

- AFP National Police Check
- Working with Children Blue Card
- Open Drivers Licence

# MEMBERSHIPS

Australian Health Practitioner Regulation Agency Registration

# REFEREES

Name	Name
Phone number	Phone number
Hospital, Position Title	Hospital, Position Title
Email	Email
Phone number	Phone number

20XX to 20XX

20XX to 20XX