GRADUATE DIPLOMA OF EXERCISE SCIENCE
SELECTION SUPPLEMENT

Introduction
Selection into the Graduate Diploma of Exercise Science at Griffith University is dependent on a number of criteria, including:

Essential
1. Successful completion of a Bachelor of Exercise Science degree or equivalent higher education qualification.
2. Be a current Full Member (Exercise Scientist) or Graduate-Entry Member of Exercise and Sports Science Australia (ESSA) OR demonstrate eligibility for membership. Eligibility for membership may include one of the following:
   a) Evidence of submission of Exercise Scientist membership application;
   b) Evidence that Exercise Scientist membership application is in process (i.e., for applications that have not been submitted to ESSA);
   c) Evidence of application evaluation by ESSA for a Graduate-Entry membership application.

Desired
3. Evidence of knowledge and/or skills obtained through formal university study.
4. Evidence of relevant practicum completed. It is expected that applicants should have completed (or are close to completing) 140 hours of relevant practicum that contributes to their Full Member (Exercise Scientist) application. Applicants are directed to the ESSA Exercise Scientist application form (Appendix B) for examples of relevant practicum.

Note:
   a) This Selection Supplement does not constitute the entirety of your application into the Graduate Diploma of Exercise Science. You must also complete and submit an Application for Direct Admission to Postgraduate Coursework Programs and relevant supporting documentation.
   b) Applicants who do not meet some or all of the Desired criteria listed in this supplement will not necessarily be rejected. The information provided will assist in the review of your application.
Please complete the following sections of the Selection Supplement and submit this document (and supporting documents) with your application for the Graduate Diploma of Exercise Science.

**Details of Applicant**

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**Declaration**

I declare that the information provided on all pages and supporting documentation is correct and complete. I understand that the University reserves the right to vary or reverse any decision made on the basis of incorrect or incomplete information.

Signature of Applicant: ___________________________ Date: __________

**Privacy Statement**

Griffith University collects, stores and uses personal information only for the purposes of administering enquiries, admissions, enrolment and education. The information collected is confidential and will not be disclosed to third parties without your consent, except to meet government, legal or other regulatory authority requirements. For further information consult the University’s Privacy Plan online at [www.griffith.edu.au/ua/aa/vc/pp](http://www.griffith.edu.au/ua/aa/vc/pp), or telephone +61 373 57700 or (0)7 555 28811.
1. **Successful completion of a Bachelor of Exercise Science degree or equivalent higher education qualification.**

Undergraduate degree/s completed, awarding institution and year of conferral.

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<thead>
<tr>
<th>Degree</th>
<th>Institution</th>
<th>Year conferred</th>
<th>GPA</th>
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2. **ESSA membership.**

Tick the appropriate box and attach documentary evidence.

- **Full member (Exercise Scientist)**
  - Provide evidence:
    - Copy of membership card.
    - Letter of membership approval.

- **Graduate-entry membership application outcome**
  - Provide evidence:
    - Copy of membership card/approval notice.
    - If application declined, notification letter from ESSA detailing areas of study/practicum that are required to be completed.

- **Exercise Scientist/Graduate-Entry membership application submitted**
  - Provide evidence:
    - E-mail/letter from ESSA stating that application has been received.

- **Exercise Scientist/Graduate-Entry membership application in process**
  - Provide evidence:
    - Personal letter stating that application is in process.
    - Copy of membership application.
3. **Desired knowledge and/or skills.**

Provide subject/unit names and codes that cover the listed topics/units in this table. Attach subject/unit outlines that cover the listed topics/units if you have **not completed** a Bachelor of Exercise Science degree from Griffith University.

<table>
<thead>
<tr>
<th>Knowledge / Skills</th>
<th>Course(s) / Subject(s) / Unit(s)*</th>
<th>Approved (Y / N)</th>
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| Clinical (12-lead) ECG | - Application (rest and exercise)  
- Interpretation | |
| Pulmonary Function | - Assessment  
- Interpretation | |
| Clinical Exercise Testing | - Application  
- Interpretation | |
| General indications and contraindications for exercise testing | | |
| Pre-screening | - Risk identification  
- Risk stratification | |

* A subject/course/unit of study may be used to cover more than one Knowledge/Skill criteria.
4. **Evidence of relevant practicum completed. (Print additional sheets as required)**

This table does not replace the ESSA log books, nor does the information listed here indicate endorsement of practicum hours. Practicum hours should be supervised by appropriately qualified individuals, as defined by ESSA.

<table>
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<tr>
<th>Hours</th>
<th>Site</th>
<th>Description of practicum</th>
<th>Client (AH, CM, NM, OR)*</th>
<th>Exercise prescription? (%)**</th>
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* Use the abbreviations provided to categorise the nature of the clients that you were exposed to for the hours claimed (AH: Apparently healthy; CM: Cardiopulmonary or metabolic conditions; NM: Neurological, neuromuscular, musculoskeletal conditions; OR: Other). If you saw a range of clients during a single placement, group the hours according to these categories and list them in separate rows. Use only the abbreviations provided and DO NOT include information that can be used to personally identify clients.

** If any of the hours claimed include exercise service delivery (i.e., where you prescribed or managed an exercise intervention), specify the proportion of these hours as a percentage of the total hours claimed.
5. **Other relevant information that may contribute toward your application.**

You may provide here additional information that could contribute toward your application. Relevant information includes (but is not limited to) education, qualifications or work experience outside of those reflected in sections 1 through 4, or statements reflecting your career aspirations as an Exercise Physiologist. (Include additional sheets as required).