

2013

**The 2nd International
Symposium for
Chronic Fatigue Syndrome/
Myalgic Encephalomyelitis**

**December 2013
Gold Coast, Australia**

Program



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Myalgic Encephalomyelitis / Chronic Fatigue Syndrome ME/CFS



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Program

Monday, December 2nd

8:30 – 9:30am National Centre for Neuroimmunology and Emerging Diseases Opening Ceremony

- | | | |
|--------|---|--------------------------------------|
| 8:30am | Professor Sonya Marshall-Gradisnik
Co-Director, National Centre for
Neuroimmunology and Emerging Diseases
Griffith University, Gold Coast, Australia | Introduction |
| 8:35am | Professor Allan Cripps
Pro Vice Chancellor Health
Griffith University, Gold Coast, Australia | Welcome address |
| 8:45am | Dr Elizabeth Unger
Chief, Chronic Viral Diseases Branch
Centers for Disease Control and Prevention
Atlanta, United States of America | Opening address |
| 9:00am | Professor Allan Cripps
Pro Vice Chancellor Health
Griffith University, Gold Coast, Australia

Dr Elizabeth Unger
Chief, Chronic Viral Diseases Branch
Centers for Disease Control and Prevention
Atlanta, United States of America | Official plaque
unveiling |
| 9:05am | Professor Sonya Marshall-Gradisnik
Co-Director, National Centre for
Neuroimmunology and Emerging Diseases
Griffith University, Gold Coast, Australia | Ceremony
conclusion |

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National Centre for Neuroimmunology and Emerging Diseases

10:40 – 12:45pm International Delegate Presentations

10:45am **Opening address**

Professor Sonya Marshall-Gradisnik

Co-Director

National Centre for Neuroimmunology and Emerging Diseases
Griffith University, Gold Coast, Australia

10:50am **Inaugural Alison Hunter Memorial Foundation address**

Professor V. Hugh Perry

University of Southampton, Southampton, United Kingdom

11:35am **Therapeutic and physiological relevance of cortistatin as a key molecule in the development and progression of inflammatory and autoimmune diseases**

Dr Elena Gonzalez-Rey

Institute of Parasitology and Biomedicine, Granada, Spain

11:50am **Therapeutic potential of the vasoactive intestinal peptide in autoimmunity: are we ready for its clinic application?**

Professor Mario Delgado

Institute of Parasitology and Biomedicine, Granada, Spain

12:05pm **Involvement of the tryptophan metabolism in neuroinflammation**

Professor Gilles Guillemin

Macquarie University, Sydney, Australia

12:20pm **Contribution of neuroimaging to the differentiation of Myalgic Encephalomyelitis/Chronic Fatigue Syndrome from anxiety and depression**

Dr Richard Kwiatek

Lyell McEwin Hospital, Adelaide, Australia

12:35pm **Questions and open discussion**

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Session 2

Session Chair: Associate Professor Brett Lidbury

1:25 – 3:00pm National Centre for Neuroimmunology and Emerging Diseases Presentations

1:25pm **Current directions: National Centre for Neuroimmunology and Emerging Diseases**

Professor Sonya Marshall-Gradisnik

Co-Director

National Centre for Neuroimmunology and Emerging Diseases
Griffith University, Gold Coast, Australia

1:40pm **Immune dysregulation in Chronic Fatigue Syndrome/Myalgic Encephalomyelitis**

Dr Ekua Brenu

Post-doctoral Fellow

National Centre for Neuroimmunology and Emerging Diseases
Griffith University, Gold Coast, Australia

2:00pm **The immunological profile of Chronic Fatigue Syndrome/Myalgic Encephalomyelitis subgroups**

Ms Sharni Hardcastle

PhD Candidate

National Centre for Neuroimmunology and Emerging Diseases
Griffith University, Gold Coast, Australia

2:25pm **The application of case definitions in Chronic Fatigue Syndrome/Myalgic Encephalomyelitis research**

Ms Samantha Johnston

PhD Candidate

National Centre for Neuroimmunology and Emerging Diseases
Griffith University, Gold Coast, Australia

2:40pm **Questions and open discussion**

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3:15 – 4:30pm International Delegate Presentations

3:15pm **New horizons for Myalgic Encephalomyelitis/Chronic Fatigue Syndrome**

Dr Daniel Peterson
Simmaron Research Institute
Sierra Internal Medicine
Nevada, United States of America

3:30pm **Long term outcomes in young people with Chronic Fatigue Syndrome: Are there any predictors for outcomes?**

Dr Katherine Rowe
Murdoch Children's Research Institute, Melbourne, Australia

3:45pm **Paediatric Chronic Fatigue Syndrome/Myalgic Encephalomyelitis: State of knowledge and future directions**

Dr Sarah Knight
Murdoch Children's Research Institute, Melbourne, Australia

3:55pm **The clinical management of Chronic Fatigue Syndrome/Myalgic Encephalomyelitis in general practice**

Dr Rosamund Vallings
University of Auckland, Auckland, New Zealand

4:10pm **Strategies to understand molecular pathways affected in Myalgic Encephalomyelitis/Chronic Fatigue Syndrome and establish a diagnosis**

Professor Warren Tate
University of Otago, Dunedin, New Zealand

4:20pm **Questions and open discussion**

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4:30-5:00pm The 2nd International Symposium for International Chronic Fatigue Syndrome/Myalgic Encephalomyelitis Closing

4:30pm **Mr Ross Humphreys** **Introduction**
Chair, Steering Committee
National Centre for Neuroimmunology
and Emerging Diseases
Griffith University, Gold Coast,
Australia

4:35pm **Dr Elizabeth Unger** **Closing address**
Chief, Chronic Viral Diseases Branch
Centers for Disease Control and
Prevention
Atlanta, United States of America

4:50pm **Mrs Christine Hunter AM** **Closing remarks**
Alison Hunter Memorial Foundation,
Sydney, Australia

4:55pm **Dr Donald Staines** **Conclusion and future directions**
Co-Director
National Centre for Neuroimmunology
and Emerging Diseases
Griffith University, Gold Coast,
Australia

5:00pm **Symposium conclusion**

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