Salary Sacrifice - Frequently Asked Questions

What is Salary Sacrifice?
Salary sacrifice is where you elect to pay your gym membership fees through your fortnightly pay. You have the ability to choose whether these fees are deducted pre-tax or post-tax. Pre-tax deductions may have implications for some people so it is suggested staff seek independent financial advice prior to entering into a salary sacrifice membership contract.

Do I qualify for Salary Sacrifice?
Staff members who are employed on a continuing appointment or a fixed term appointment, with greater than 12 months remaining on their contract are eligible to salary sacrifice their gym membership. Casual staff members, academic visitors and students are not eligible.

The Nathan Salary Sacrifice membership provides you with 12 months full access to the Nathan gym, including all group fitness classes, and the Mt Gravatt gym.

The Mt Gravatt Salary Sacrifice membership provides you with 12 months access to the Mt Gravatt gym facilities only.

How does it work?
Salary sacrifice is only available for 12 month memberships, with the deductions occurring over 26 fortnights (or one year). The deductions automatically cease once the 26th payment has occurred, so you don’t need to worry about it carrying on without you knowing.

Once your membership expires, if you wish to renew your salary sacrifice membership, simply pop into the gym and fill out another Salary Sacrifice Deduction Authorisation form, it’s that easy.

Do I need to fill out any extra forms?
Yes, but all forms you need will be provided by staff at the Fitness485 centre’s. Along with the regular gym membership forms you will be required to complete an additional Salary Sacrifice Deduction Authorisation form. Fitness485 will organise getting the forms to HR for processing.

How much does it cost?
For Fitness485 Nathan memberships the amount deducted from your pay is $18.12 a fortnight (that’s only $9.06 a week, for full access to the gym and group fitness facilities).

For Fitness485 Mt Gravatt memberships the amount deducted from your pay is $11.66 a fortnight (only $5.53 a week for access to the Mt Gravatt gym facilities).

What happens if I leave the University part way through my membership?
As your membership payments are deducted from your salary, when your salary stops, the payments stop. Easy!

If you leave the University, but still want to continue your membership with Fitness485, just ask one of our friendly staff about continuing your membership as a regular member. You’ll just need to pay what still owes on the rest of your membership.

If you have any further questions about salary sacrifice please contact Fitness485 on 3735 3628 or via email on fitness485@griffith.edu.au.