Rethinking Women’s Depression through Narratives of Recovery and Wellbeing:

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**Brief Description:**
This Australian Research Council project is developing a unique response to the growing problem of depression within Australian society by investigating how a sample of urban and rural women across the life-course construct narratives about their own experiences of depression, recovery and emotional wellbeing. Connecting interdisciplinary work in sociology, psychology and cultural studies through a post-structuralist feminist framework, it examines the discourses and everyday practices that shape women’s recovery and reconstruction of self. Research outcomes will produce new ways of theorising depression and recovery while contributing to a gendered approach to prevention policies and programs that target women’s mental health and emotional wellbeing.