Where to find answers

Want to create a financial plan as a couple? There is a better way than fumbling through, feeling resentful and fighting about it, says financial counsellor Lola Mashado, Spring Hill manager of Relationships Australia.

"Getting ahead is something most couples want to do, and often the only way we learn to do this is through experience," she says.

But unfortunately, not all those experiences are positive.

Relationships Australia and the Centre for Financial Independence and Education at Griffith University have developed a free course called Money Matters.

It is not associated with any financial product provider and is open to couples who are married or living together.

"It's for those who feel things aren't so good with their finances, as well as those who feel things are good but could be better," Ms Mashado says.

The first workshop will be on Friday night at Relationships Australia in Spring Hill.

Other workshops will be held at Strathpine and Springwood next month.

For details phone Relationships Australia on 1300 364 277.