

Research Centre for Clinical and Community Practice Innovation (RCCCPI)

Griffith Health Institute – Developing Healthy Communities

AGEING AND OLDER PEOPLE

Innovative research improving healthcare standards and quality of life



The Ageing and Older People Unit forms an integral part of Griffith Health Institute's Research Centre for Clinical and Community Practice Innovation (RCCCPI) and has been developed to revolutionise aged care services.

With a world class concentration in aged care specialists in Australia, this unit is well positioned to improve global healthcare standards and quality of life for older people.

To ensure that our national policies and models of care meet the diverse needs of older people, they require a foundation of knowledge based on research.

The Ageing and Older People Unit is delivering evidence based research that provides government policy makers, healthcare professionals, service organisations and individuals with the facts they need to make informed decisions on critical issues.

In line with national research priorities, the Ageing and Older People Unit is undertaking cutting edge, internationally significant ageing research in the areas of:

- Quality of life
- Dementia Care
- Family
- Complementary and Alternative Medicine
- Staffing and Leadership

RCCCPI

The Research Centre for Clinical and Community Practice Innovation (RCCCPI) was established in 2003 to find solutions to critical healthcare challenges and undertake cutting edge research that results in better health and community care and improved quality of life. Other units of research within RCCCPI include:

Acute and Critical Care Unit Undertaking acute and critical care research to improve patient outcomes.

Maternity and Family Unit Improving fundamental aspects of maternity services.

Emerging Area of Research: Nutrition Improving global health through better nutrition.

NHMRC Centre of Research Excellence in Nursing

The National Health and Medical Research Council (NHMRC) Centre of Research Excellence in Nursing Interventions for Hospitalised Patients (NCREN) sits within RCCCPI.

NCREN focuses on systematic reviews, randomised controlled trials, knowledge transfer and research training.

Currently, there are 5 people of working age for every 1 person over 65. By 2050 there will be only 2 people of working age for every 1 person over 65. (How are we going to care for all of these people?)



‘Through evidence based research, we are improving aged care services and making a difference in people’s lives.’

Professor Wendy Moyle
Ageing and Older People Unit Leader
RCCCPI Director



Areas of Research

Quality of Life

Providing crucial knowledge on loneliness and depression and developing effective solutions to assist people in managing it.

Enhancing quality of life through social engagement and increased activity.

Developing models for ageing and technological solutions to advance prevention strategies, improve rehabilitation and promote health ageing.

Exploring the influence of relationships on quality of life.

Dementia Care

Improving the quality of life of older people with dementia, their families and carers.

Developing new models and processes to improve the quality of care for people with dementia.

Enabling people with dementia to experience their own idea of “living well”.

Family

Promoting family involvement in care to improve quality of life for older people and ensure the sustainability of the healthcare industry.

Developing practical and effective strategies to assist families and carers with the challenges of caring for older people.

Complementary and Alternative Medicine (CAM)

Evaluating the effectiveness of Complementary therapies in a clinical environment, including aromatherapy, reflexology, massage, music and robot therapy.

Staffing and Leadership

Developing a model of care for aged care organisations that supports excellence in service delivery.

Developing workforce strategies to cope with a rapidly ageing population and ensure the viability of the aged care sector.

Research Partnerships

The Ageing and Older People Unit has developed strong industry partnerships with RSL Care and Spiritus Care to deliver relevant research that addresses real world challenges.

Getting Involved

If you are interested in contributing, there are many opportunities to get involved with RCCCPI and the Ageing and Older People Unit:

- Become an industry partner
- Undertake a Research Fellowship
- Become a collaborative research partner
- Participate in research programs
- Make a donation or sponsor a specific research



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